

TEAM CAPTAINS MEETING

Sandnes

BLINK 23

2.-5. AUGUST

blinkfestivalen.no

Team Captains meeting 03.08.2023 13:00

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- **Welcome**
- **Organization**
- **Events 4th and 5th of August Center of Sandnes**
- **Arena**
- **Technical Briefing**
- **Comments from CoC and TD Cross Country**
- **Weather report**
- **Technical briefing Biathlon**



Cross Country:

Erik Husby: Chief of Competition

Geir Colbjørnsen: Technical Delegate

Jury: Erik Husby, Geir Colbjørnsen, Geir Mikalsen, Arne Idland

Biathlon:

Geir Mikalsen: Chief of Competition

Morten Hage: Assisting Chief of Competition

Frode Hagen: Technical Delegate

Jens Schjerven: Chief Shooting Range

Jury: Frode Hagen, Morten Hage, Geir Mikalsen, Arne Idland

Timing: Siwidata/Vigdis Thingelstad

Cross Country:

Friday:

- Masstart (10km/15km)

Saturday:

- Sprint (prologue, quarter/semi/final)

Biathlon:

Friday:

- Shooting Duel
- Supersprint (prologue/final)

Saturday:

- Masstart (quarter/semi/final)

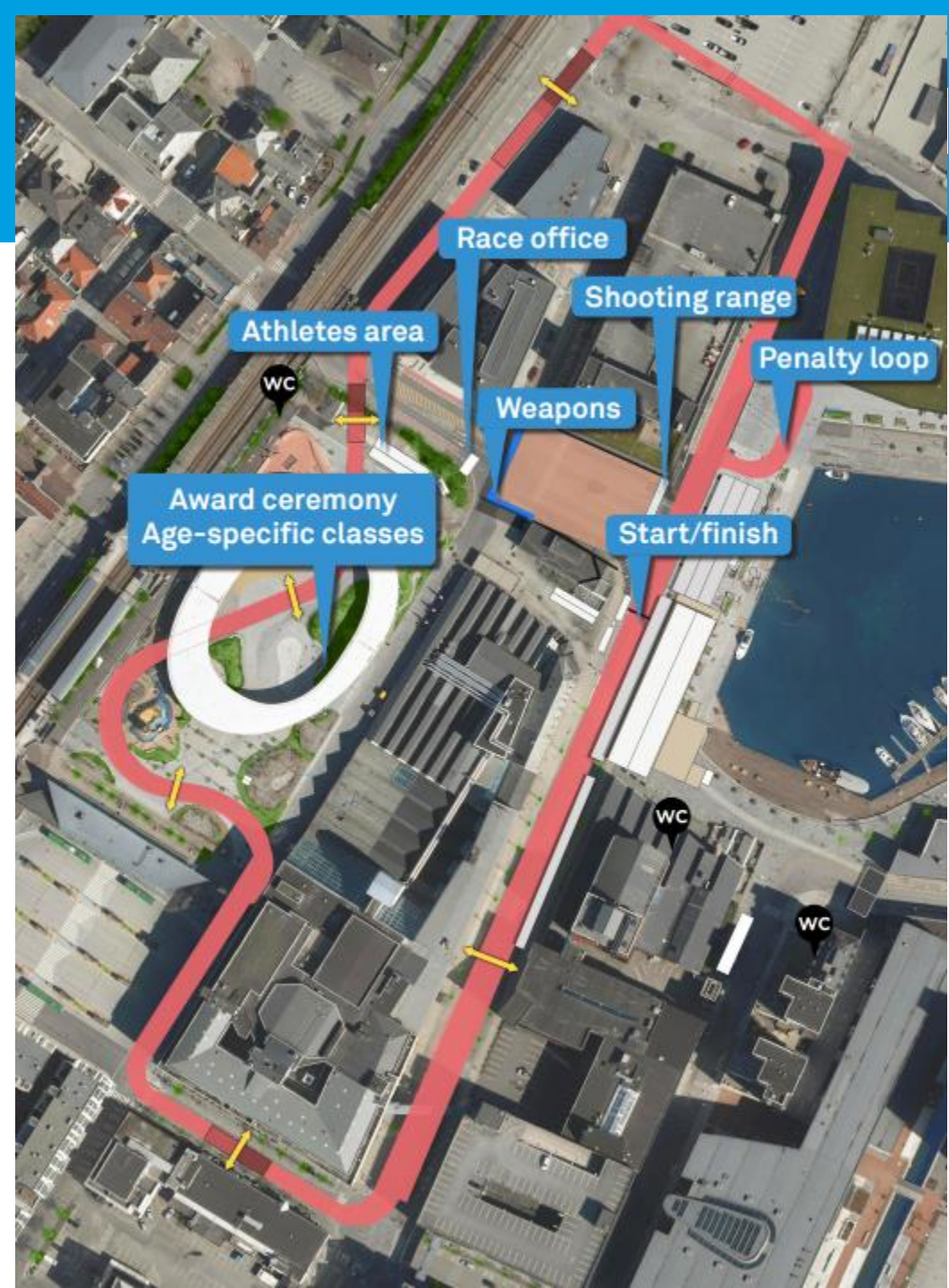
Arena

Track:

- Length: 1,1 km
- 3 bridges

Use our website for updated information, and better maps of the arena

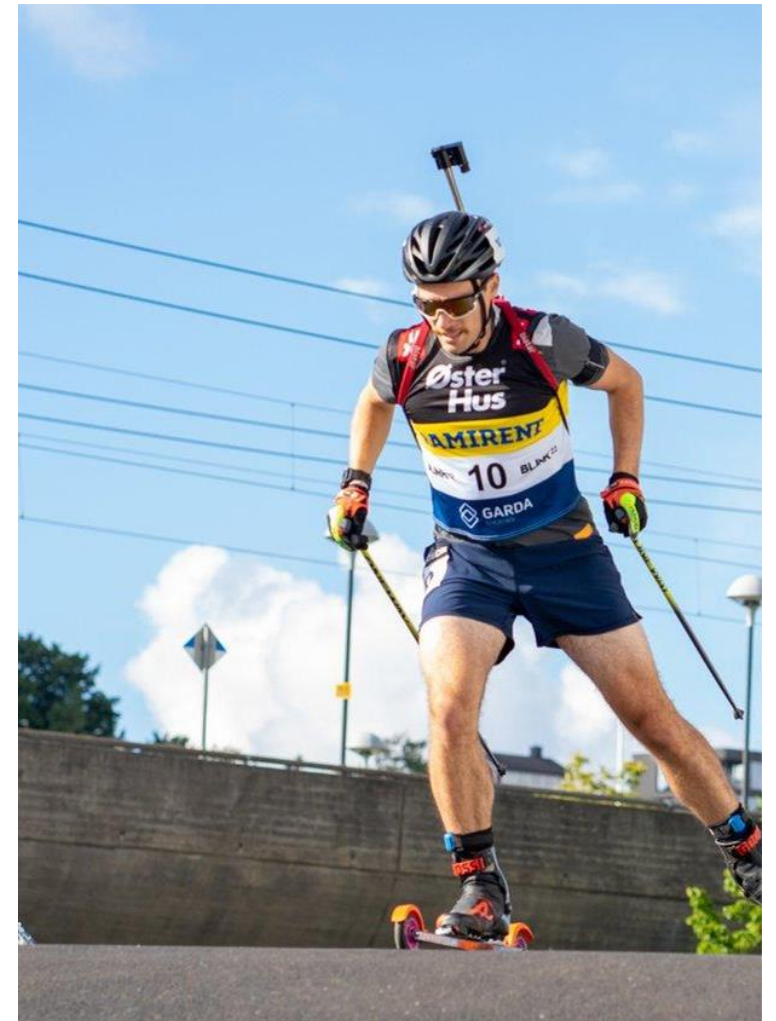
Warm up area



Always use:

- *Helmet*
- *Goggles*
- **Pole spikes:**

We recommend to use new type of spikes, according to new FIS rules 1th July 2022



Special rules

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Special rules for the competition in Sandnes, CC and biathlon, are summarized in an own document you will find on our website after this meeting.

Regarding:

- **Sprint prizes**
- **Lapped athletes, will be taken out of the race**
- **Wild cards**
- **Race length**

Start positions Mass Start will deviate from the normal rules used in both CC and biathlon. See picture.

Lining up from right to left in the race direction

After passing the finish line, please turn back as fast as you can back to start/finish to remove transponder and riflecheck



Women 10 km:

- 9 laps / rounds 1100 meter.
- Sprint prizes 3rd, 5th and 7th leg. Finish on 9th (first athlete to cross the finish line).
- **The last athlete crossing the finish line / line for intermediate time at the 3rd, 5th, and 7th leg can be taken out of the competition.**
- Athletes who are lapped will be taken out of the competition.
- Start list is based on FIS distance points.

Men 15 km Friday:

- 13 laps / rounds 1100 meter.
- Sprint prizes 3rd, 6th, 9th and 11th leg. Finish on 13th (first athlete to cross the finish line).
- **The last athlete crossing the finish line / line for intermediate time at the 3rd, 6th, 9th and 11th leg can be taken out of the competition.**
- Athletes who are lapped will be taken out of the competition.
- Start list is based on FIS distance points.

New lock Rottefella

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ROTTEFELLA



- New security lock
- Mechanically lock the open/close mechanism
- Make sure the red mark **IS NOT** visible



Bibs, Transponders, Skies

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- You will get your bib, transponder and rollerskies (IDT) at the entry of the start area (tent) Bilde:IDT
- Due to tight schedule, meet 5 minutes before your scheduled start
- Fasten your race number at the right side of your helmet and thigh (not directly on skin)



Comments Chief and TD Cross country

TD:

- 343.4 - The athlete is responsible for arriving at the start, and starting at the correct time.
- 343.10 - Passing of other athletes.
- 343.14 - Lapped athletes are taken out by jury members
- 396.2.6 - Pole tip with protection >30mm



Events Sandnes 5th and 6th of August

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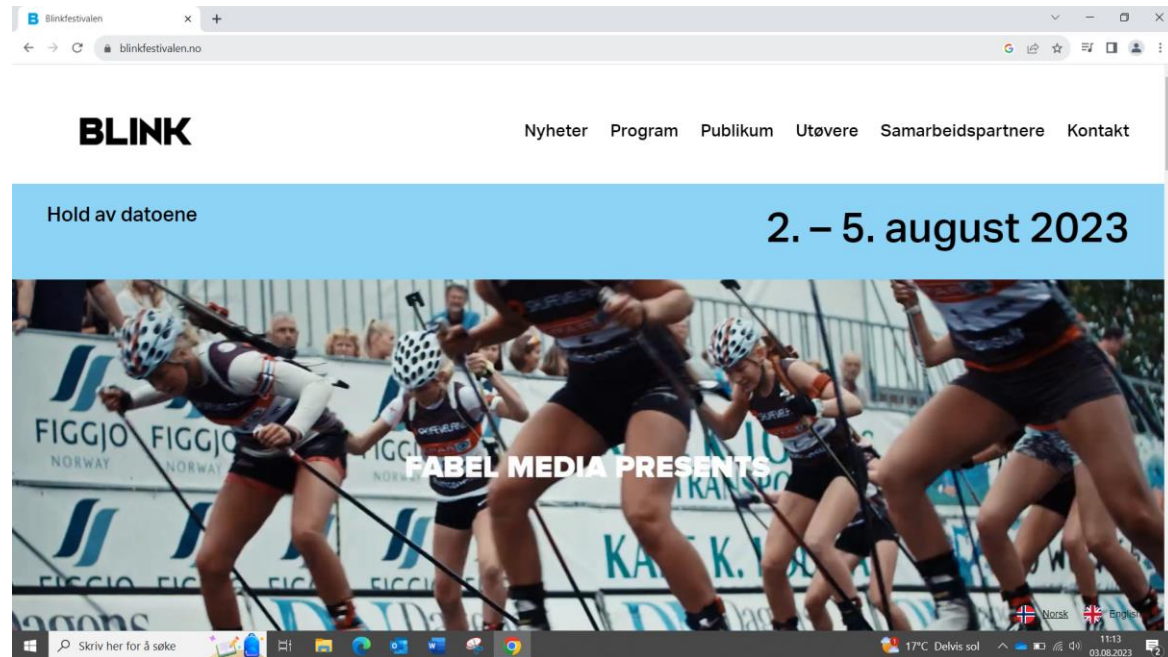


Prize ceremony at the concert stage, after the races

Please be active on social media for updated information!

Visit [Blinkfestivalen.no](https://blinkfestivalen.no) for updated information about the events.

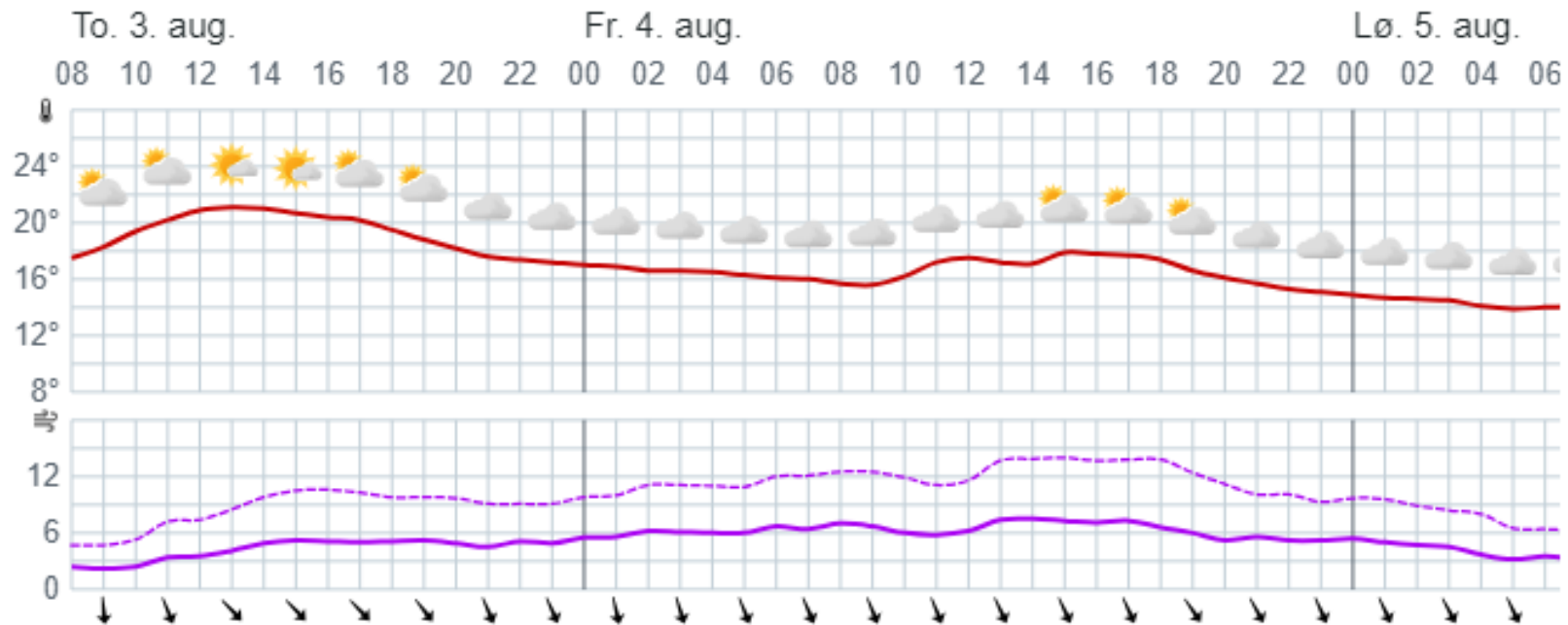
[Blinkfestivalen Homepage](https://blinkfestivalen.no)
[Information Events](https://blinkfestivalen.no)





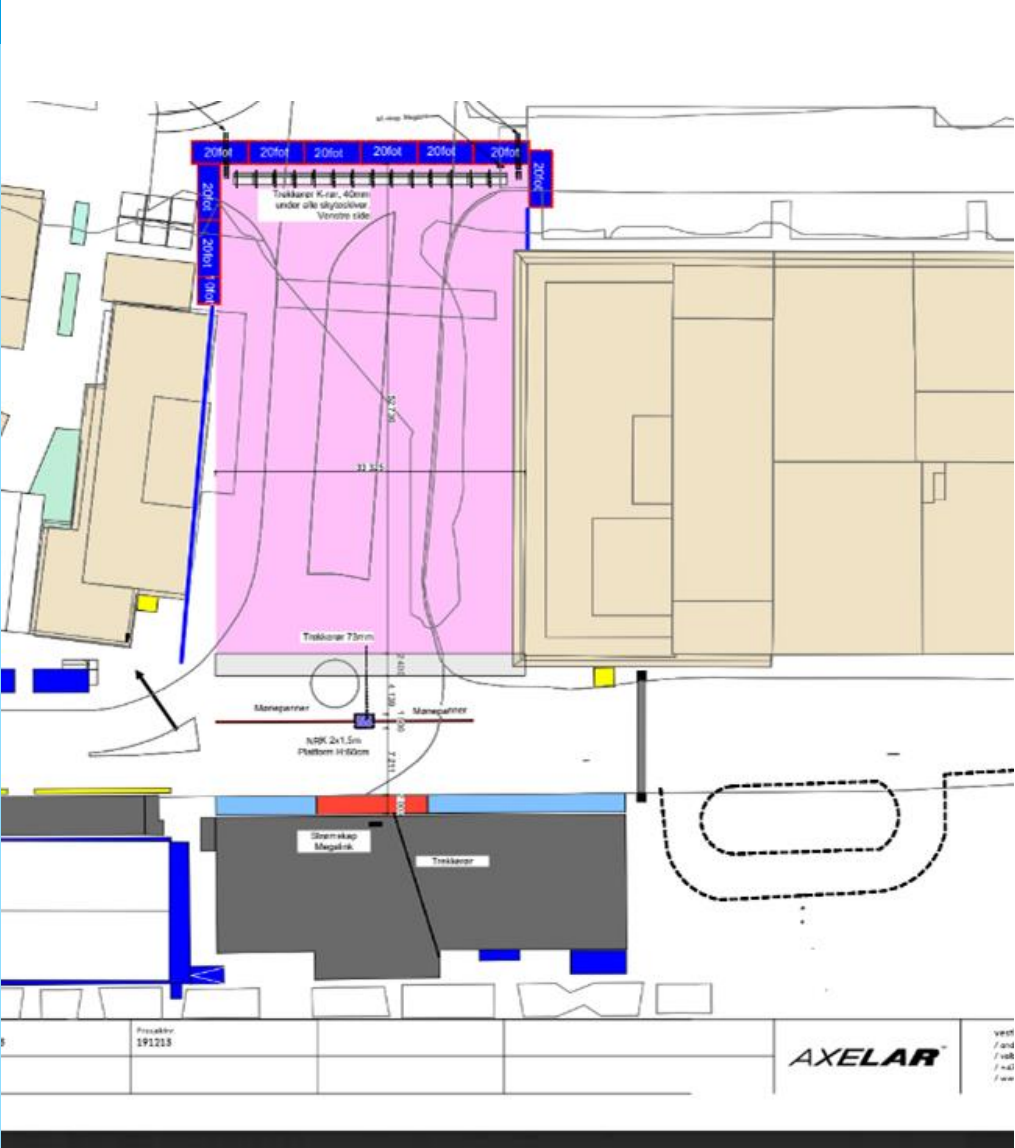
En tjeneste fra **NRK**

Værvarsel for Sandnes



Biathlon

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- 14 Megalink targets. No binocular. You will see the shooting results on a screen
- During the zeroing and competition there will be 14 screen available between the grand stand and the course.
- Zeroing without skis

Withdrawal:

Before 1500 Thursday 3rd (today)

e-mail: vigdis@idrettsforbundet.no



Rifle control Friday:

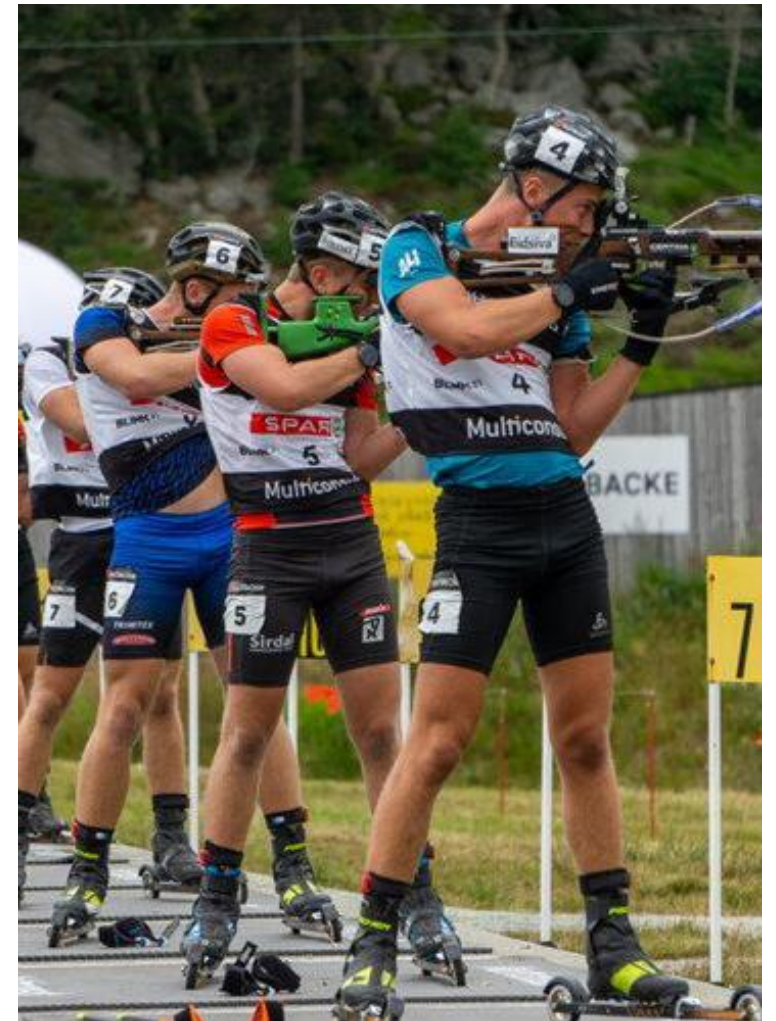
- Opens 45 minutes before zeroing at the entry of the shooting range

Rifle inspection after zeroing

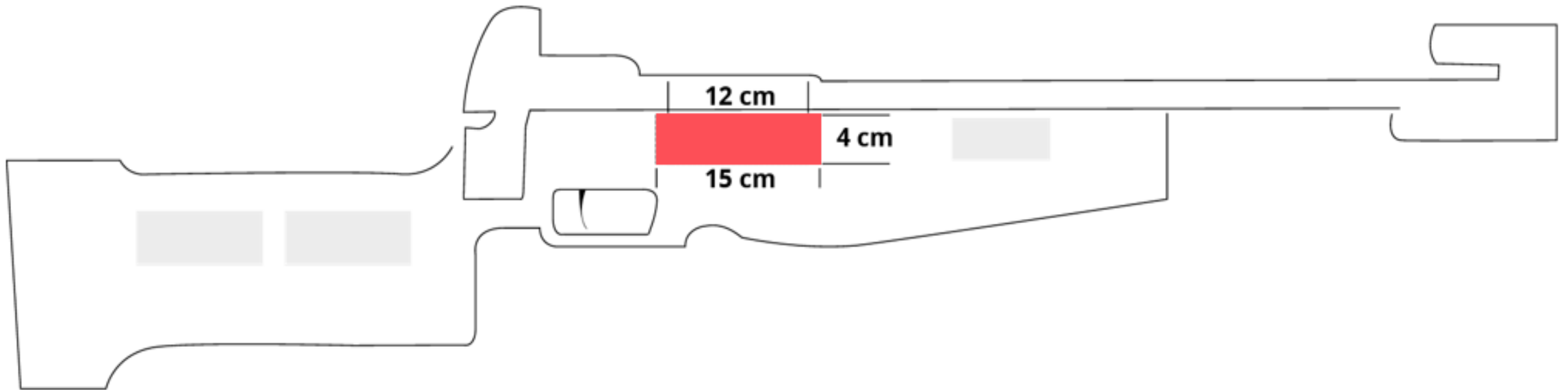
- At line 1

Own container to store your rifle:

Container opposite the Race Office



RIFLE CONTROL STICKER



Old RCS must be removed on both sides before the rifle control

Rules:

- First athletes to shoot clean target (5 hits)
- The athlete can use as many shots as needed. The athlete reloads with magazines
- The athlete must put the rifle on the mat after the last shot, then stand behind the mat. Before leaving the shooting range for security control
- Only standing position
- All senior athletes entered to Blink22 are qualified for the shooting duel
- Number of heats may change due to number of participants
- No wildcards
- The athletes will not use transponder from Siwidata in this competition. The timing will be based on Megalink electronic system. That means that the result will be based on when the athlete has a clean target (5 hits)
- The athletes are not allowed to drop the magazines



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**THANK YOU FOR YOUR
ATTENTION**