

TEAM CAPTAINS MEETING

LYSEBOTN OPP
BLINK CLASSICS

BLINK 23

2.-5. AUGUST

blinkfestivalen.no

BLINK LYSEBOTN OPP

BLINK CLASSICS

Next TC meeting: Thursday 3rd of
August at 13.00 – Teams



- Info and Social Media
- General rules
- Lysebotn practical briefing
- Lysebotn technical briefing
- Ålgård practical briefing
- Ålgård technical briefing
- Weather forecast
- TD – comments
- Mitsubishi Electric World Classic Tour
- Contact information
- Please ask questions in the chat



TITLE	LYSEBOTN	ÅLGÅRD
SPORTS DIRECTOR	Arne Idland	Arne Idland
CHIEF OF EVENTS	Arne Idland	Arne Idland
PROJECT LEADER	Renate Tjetland	Henning Wiig
CHIEF OF COMPETITION	Renate Tjetland	Torgeir Nevland
TD1	Geir Colbjørnsen	Geir Colbjørnsen
TD2	Erik Husby	Erik Husby
CHIEF OF ARENA	Torje Håland	Kurt Kleppa
CHIEF OF SANITARY	Njål Helge Vølstad	Eli Wiig
CHIEF OF TIMING	Lars Sigve Oftedal	Vigdis Thingelstad
CHIEF OF START	Kenneth Idland	Pål Levang
CHIEF OF TRANSPORT / PARKING	Kai Ove Sletvold	Gunvor Kleppa

Visit Blinkfestivalen.no for updated information about the events.

[Blinkfestivalen homepage](#)
[information Events](#)

Please be active on social media for updated information!



General rules:

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Always use:

- Helmet
- Goggles
- Visible clothing when training in traffic
- Pole Spikes: everyone has to use new type of pole spikes, according to new FIS rules from 1st of July 2022



New lock Rottefella

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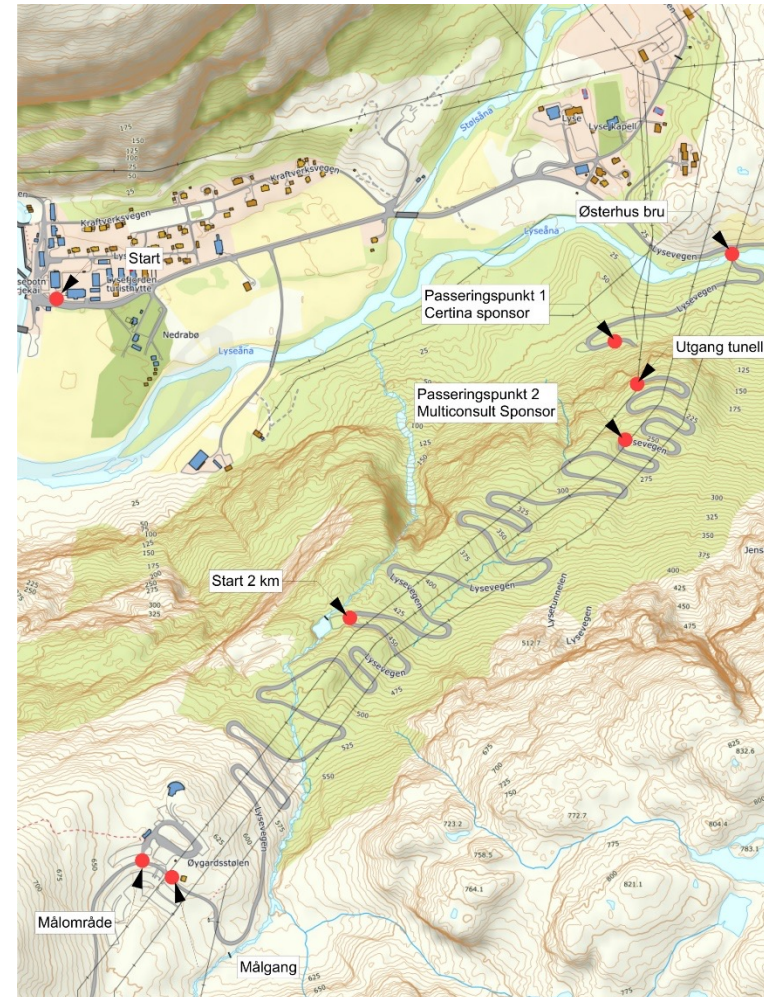
ROTTEFELLA



- New security lock
- Mechanically lock the open/close mechanism
- Make sure the red mark **IS NOT** visible

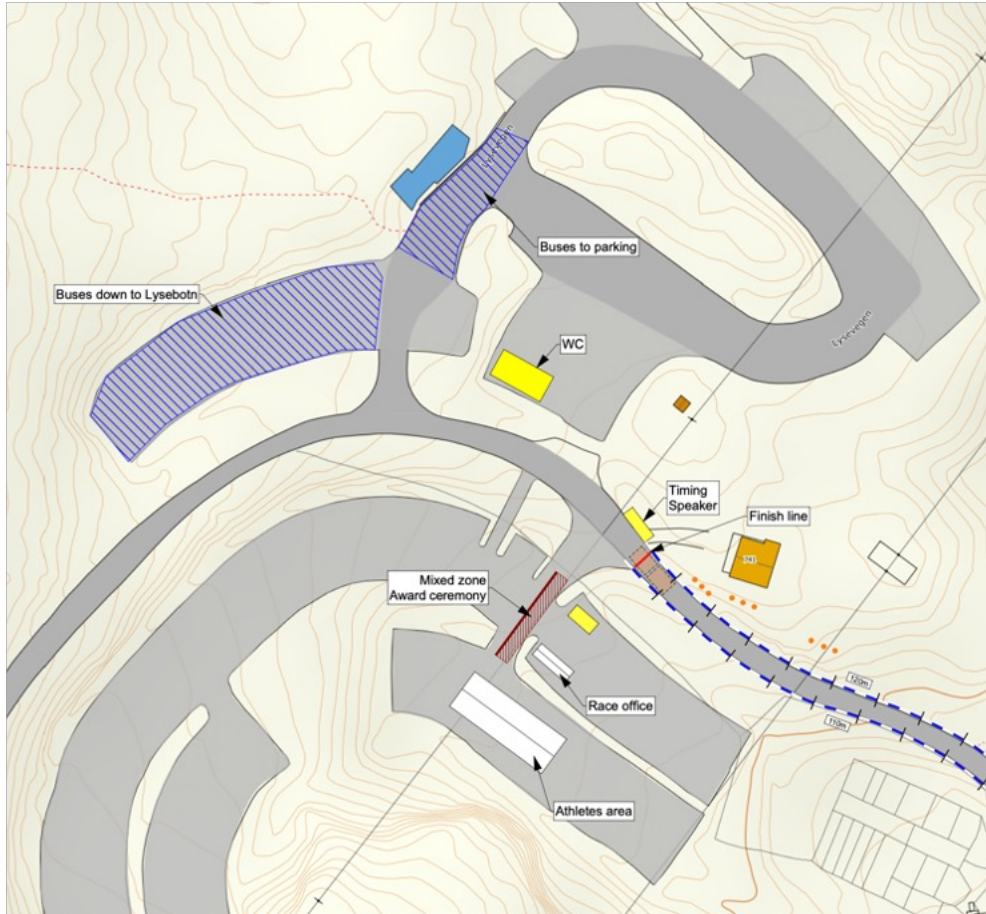


- Boats
- By car to Lysebotn
- Parking
- Shuttle Buses
- Start bibs, transponders and roller skies at start in Lysebotn
- SWIX will have the new pole tips at start
- Clothes can be sent with car from start to finish
- Beverages at finish
- Dressing room in tent at finish
- Price giving ceremony right after finish
- Wating time double poling athletes



Arena finish area – details

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Free technique distance:

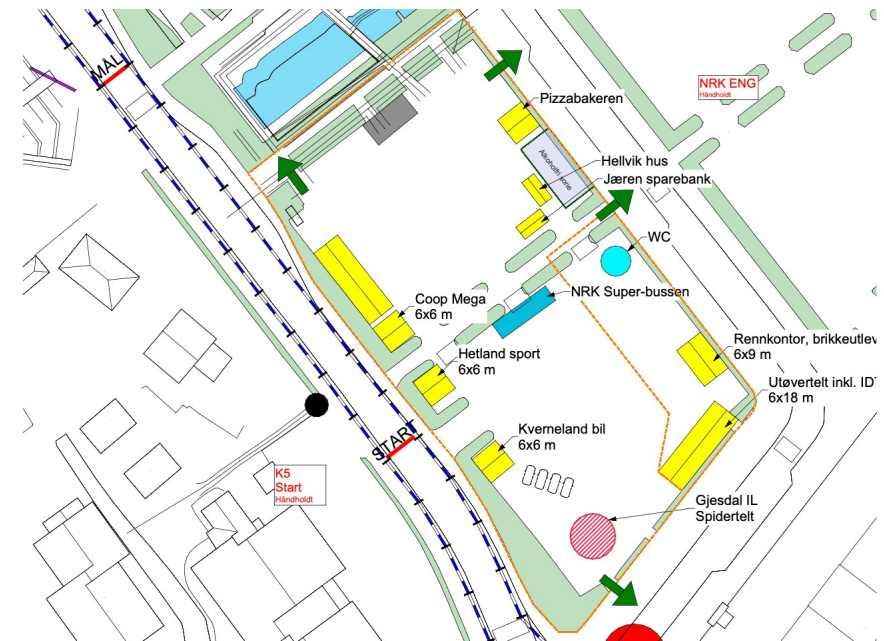
- Double-poling first 80m and white line
- Sprint points before tunnel and at 3 km
- Organizer will have 3 pole service (300m / 1 km /mid tunnel)
- Teams can have pole-service before the tunnel – please help other athletes
- Poles must be delivered back to organizer
- Bike-support after the tunnel – no pacing – 30m behind – **stay out of TV-camera zone.** Organizer has one person on bike for control

Double poling race – additional rule:

- White marking in each turn for change of direction
- No anti-reverse ratchet

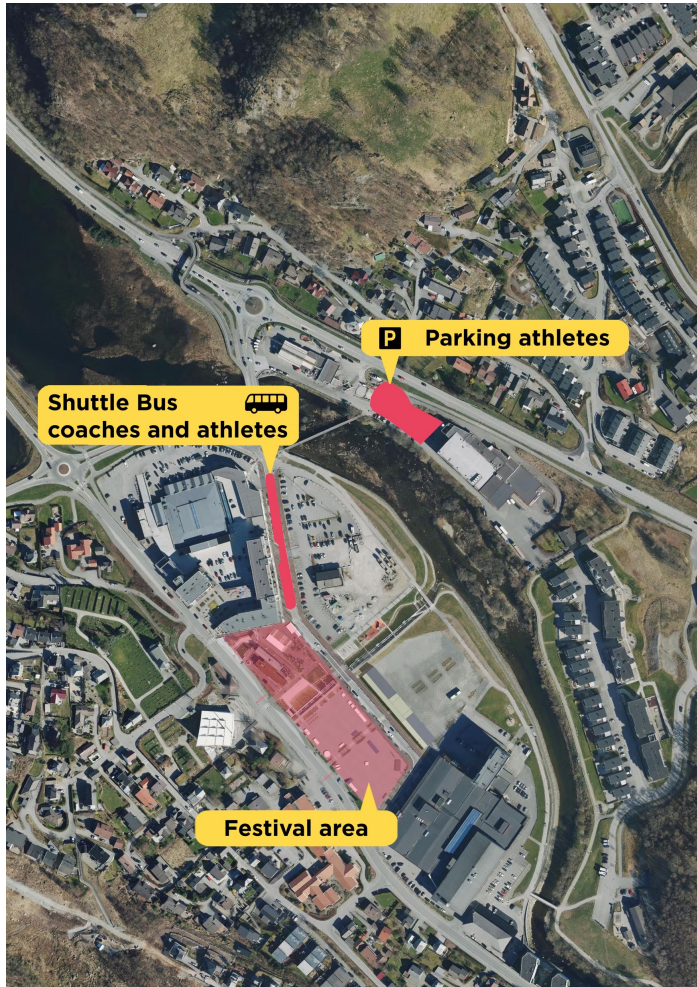


- **Withdrawals latest 15.00 – vigdis@idrettsforbundet.no**
- Start bibs and transponders at race office in Ålgård
- Rollerskis from IDT will be handed out nearby the athlete area – different resistance
- Beverages at finish
- Dressing room in tent at finish
- Start line with 5 athletes in each row
 - 18.45 Senior men + jr. men 50k
 - 18.47 Senior women + jr. women 50k
 - 18.55 Juniors 25k
 - 18.57 Youth, jr. women 12,5k + Recreational
- Mix-zone
- Price giving ceremony right after finish

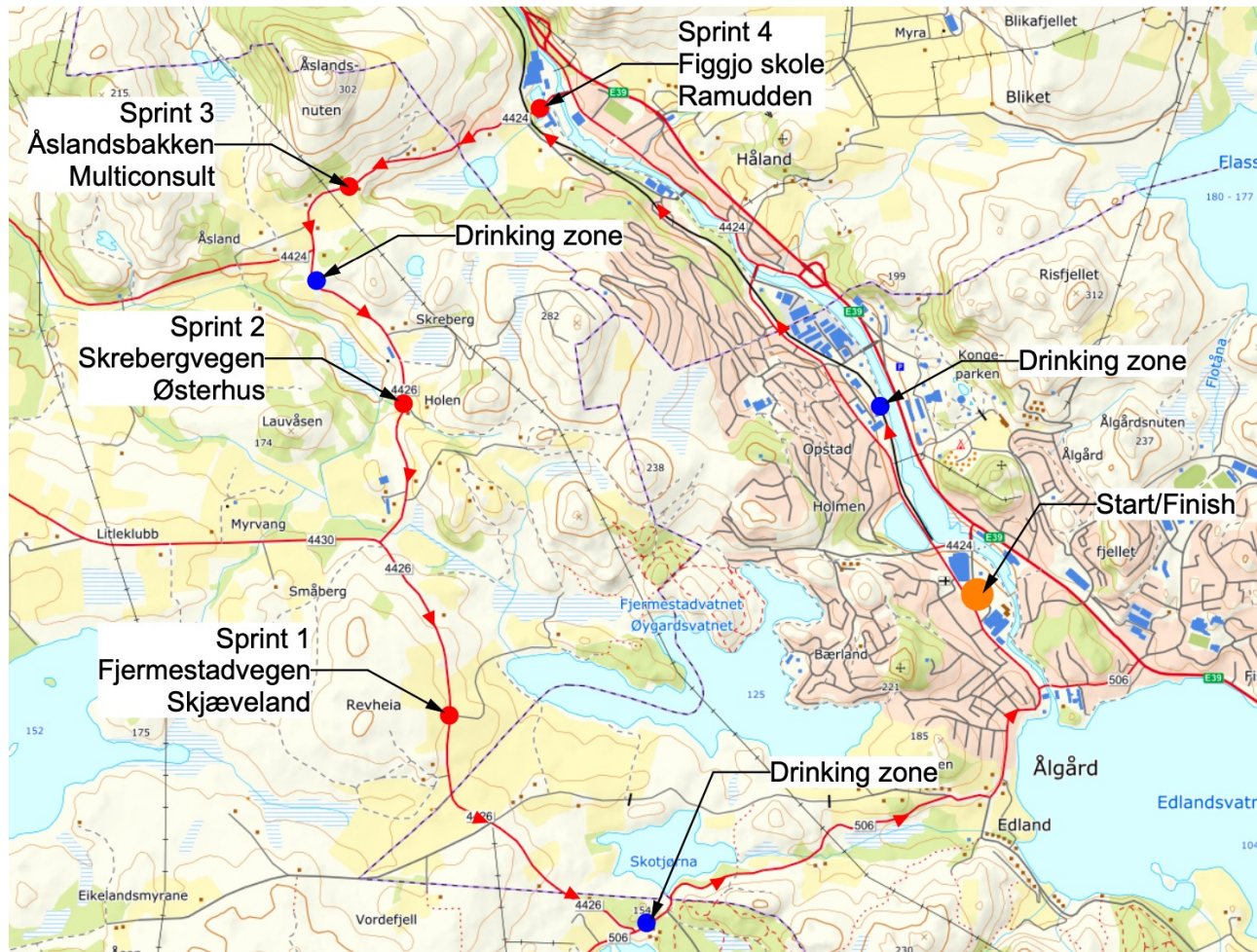


Ålgård 03.08.23 – transport and parking

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- Transport athletes
- Parking
- Transport for coaches














- Warmup on bike-road to Figgjo
- One organizer drinking zone
- 2 possibilities for drinking zone for teams
- Pole service at each sprint point, and organizer drinking zone
- Pole service from organizer with bikes behind each start – prohibited for others to use bike in the course
- Several speed-dumps in course – will be marked in the asphalt
- Lapped athletes will be taken out of the competition
- 4 Sprints – one on each lap



- Purpose: improve TV-production
- Simen Østensen will race in part of course with go-pro camera and microphone
- Images and sound will be adapted to the TV-production
- Please give some comments if asked
- Will also use ATV to pass the athletes during the race – please give space!

Weather forecast Lysebotn

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08		14°		0 (2)	Stille med vindkast på 2 m/s
09		16°		1 (3) →	Flau vind fra vest med vindkast på 3 m/s
10		17°		2 (4) →	Svak vind fra vest med vindkast på 4 m/s
11		18°		2 (5) →	Svak vind fra vest med vindkast på 5 m/s
12		20°		3 (6) →	Svak vind fra vest med vindkast på 6 m/s
13		21°		3 (7) →	Svak vind fra vest med vindkast på 7 m/s
14		22°		3 (7) →	Svak vind fra nordvest med vindkast på 7 m/s
15		23°		3 (8) →	Svak vind fra nordvest med vindkast på 8 m/s
16		23°	0 – 0,2	4 (9) →	Lett bris fra vest med vindkast på 9 m/s
17		21°	0 – 0,3	5 (12) →	Lett bris fra vest med vindkast på 12 m/s
18		21°	0 – 1	4 (10) →	Lett bris fra vest med vindkast på 10 m/s
19		20°	0 – 1,3	4 (8) →	Lett bris fra vest med vindkast på 8 m/s
20		19°	0 – 1,9	3 (8) →	Svak vind fra vest med vindkast på 8 m/s
21		18°	0 – 1,4	4 (9) →	Lett bris fra vest med vindkast på 9 m/s
22		17°	0 – 0,5	0 (6)	Stille med vindkast på 6 m/s
23		16°		1 (2) ↗	Flau vind fra sørvest med vindkast på 2 m/s

 Sol opp 05:21  Sol ned 21:56



Ålgård ☆

Tettsted, Gjesdal (Rogaland), 94 moh.

Søk

Meny

Værvarsel

Andre varsler

Kart

Detaljer

Historikk

Været nå



19°

Føles som 19°

0 mm

2 (5) m/s

Nedbørvarsel



Det blir opphold neste 90 minutter

Tabell

Graf

	Natt	Morgen	Ettermiddag	Kveld	Maks/min. temp.	Nedbør	Vind	
I dag 1. aug.					20° / 14°		4 m/s	Se time for time >
Onsdag 2. aug.					20° / 14°		3 m/s	Se time for time >
Torsdag 3. aug.					20° / 13°		4 m/s	Se time for time >
Fredag 4. aug.					17° / 13°	2,7 mm	5 m/s	Se time for time >
Lørdag 5. aug.					15° / 12°	2,5 mm	4 m/s	Se time for time >

Klikk for å vise time for time

Hjelp

WELCOME TO SEASON VII

STAGE 1: LYSEBOTN OPP Double Poling 2nd August 2023

7,5 km mass start double poling technic (no anti-reverse ratchet)

100 points event

No points awarded for ME WCT Sprint bib

New distinctive bibs holders must be present at the prize ceremony



Mitsubishi Electric World Classic Tour bibs holders



Amund Riege
Team Ramudden

Astid Øyre Slind
Team Aker Dæhlie



Vebjørn Moen
Team Eksjöhus

Magni Smedås
Team Eksjöhus



Axel Jutterström
Team Eksjöhus

Karolina Hedenstrøm
Lager 157 Ski Team



STAGE 2: BLINK CLASSICS – Ålgård 3rd of August 2023

200 points event

Distinctive bibs holders will be determined after Stage 2

New distinctive bibs holders must be present at the price ceremony

- Sprint n°3/4
- Sprint n°4/4

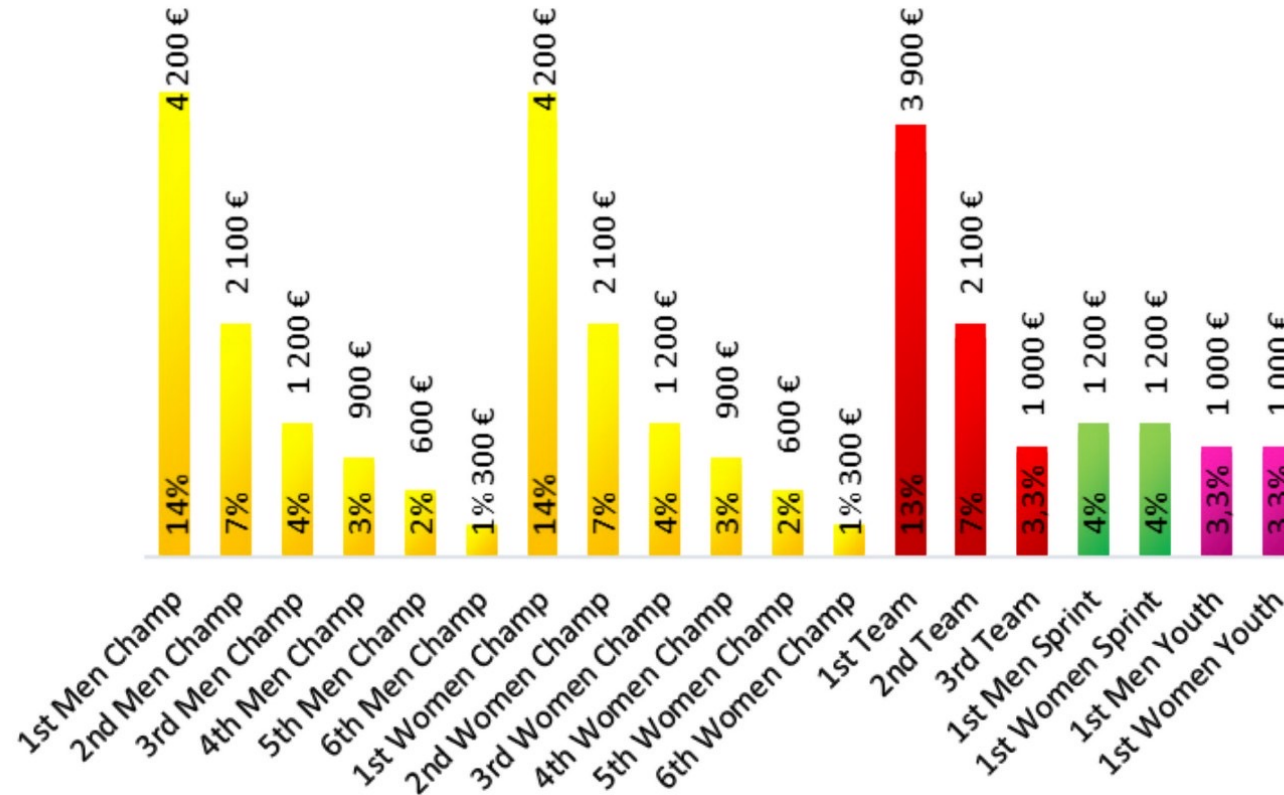
Points allocated on each sprints for both women and men:

Position	1 st	2 nd	3 rd	4 th	5 th
Points	40	30	20	10	5



MITSUBISHI ELECTRIC WORLD CLASSIC TOUR

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- Next events:

Stage 3: Toppidrettsveka, Hitra 16th of August

Stage 4 : Alliansloppet, 26th of August

Stage 5 : Alliansloppet Individual, 27th of August

- Please be active on social media and share ME WCT publications



Jury:

TD	Geir Colbjørnsen
TD Ass.	Erik Husby
Chief of Competition	Torgeir Nevland

Info from TD:

§ 343.8 – classic technique (Lysebotn/Ålgård)

§ 343.14 – overlapping rule applies (Ålgård)

§ 396.2.6 – pole tip with 30mm protection

No coaches on the course (Ålgård)

Athletes / Team contact:

Ingrid Idland

Ingrid@blinkfestivalen.no

Tel: +47 413 72 393



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THANK YOU FOR YOUR
ATTENTION