

Temporary program. Changes may occur.

## WEDNESDAY 2<sup>nd</sup> – THE LYSEBOTN UP – HILL RACE

11.30	1 km girls and boys 12 years and younger
11.30	2 km girls and boys 10-16 years, women 17-18 years
12.15	7,5 km skate women elite, junior women 17-20 years
14.00	7,5 km double poling women and men elite
15.30	7,5 km free technique men elite and junior men
	Price ceremony at the finish

## THURSDAY 3<sup>RD</sup> OF AUGUST – BLINK CLASSICS:

15.00 - 23.00	Festival at Ålgård. Activities for children.
15.00	Show: Superbussen and Fantorangen
17.00	Show: Superbussen and Fantorangen
18.45	Start BLINK CLASSICS men elite and junior men 19/20 50 km
18.47	Start BLINK CLASSICS women elite and junior women. 19/20 50 km
18.54	Start BLINK CLASSICS men junior 19/20, women junior 19/20, men junior 17/18 and amateur 25 km
18.57	Start BLINK CLASSICS women junior 17/18, girls 15/16, boys 15/16 12,5 km
	Price ceremony after the finish
21.15	Free concert with deLillos

## FRIDAY AUGUST 4<sup>TH</sup> – IN THE CITY CENTRE OF SANDNES:

06.45 - 07.45	Gun Control
07.00 - 08.00	Training
07.30 - 09.00	Biathlon: Zeroing youth / junior
08.00 - 09.00	Cross Country: Prologue youth / junior
09.15 - 12.25	Biathlon: Qualification youth / junior
12.35 - 14.20	Cross Country: Quarterfinals youth / junior
12.00 - 21.00	OBOS Kid Camp: Activitys for children at Rutenparken
13.45 - 15.15	Gun Control Biathlon elite
14.00	OBOS Kid Camp: Show: Superbussen and Fantorangen
14.30 - 15.15	Zeroing: Biathlon elite
14.30 - 15.25	Training: Cross country elite
15.30 - 15.50	Cross country : Prologue men
15.55 - 16.40	Biathlon: Shooting competition women and men
16.00 - 17.00	Warm up: Biathlon elite
17.00	OBOS Kid Camp: Show: Superbussen and Fantorangen
17.10 – 17.45	Biathlon: Supersprint qualification elite women
17.45 – 18.25	Biathlon: Supersprint qualification elite men
18.25 - 18.55	Cross country: 10 km mass start women men, 9 rounds – sprint prize round 3-5-7 1

18.55 - 19.45	Biathlon:	Supersprint finals women and men
19.45 - 20.25	Cross country:	15 km mass start men
20.30		Price ceremony
21.00		Free concert with Kurt Nilsen

### SATURDAY AUGUST 5<sup>TH</sup> – RACES IN THE CITY CENTRE OF SANDNES:

Kl. 07.40 – 09.10	Biathlon:	Zeroing youth - 13-19, 20-22 B final
Kl. 08.00 - 08.30	Training	
Kl. 08.00 – 08.40	Cross country:	Finals youth / junior
Kl. 08.50 – 09.15	Cross country :	Mass start 8-10 years
Kl. 09.25 – 10.20	Biathlon:	Finals 13-16 yers
Kl. 10.30 – 11.10	Cross country:	Prologue junior 19-20 yers
Kl. 11.25 – 12.45	Biathlon:	Finals 17 – 19 years
Kl. 11.00 - 12.00	Free brunch:	
Kl. 12.00 - 21.00	OBOS Kid Camp:	Activities for kids at Rutenparken
Kl. 12.00	OBOS Kid Camp:	Show with Superbussen and Fantorangen
Kl. 12.55 – 13.10	Biathlon:	Zeroing 20-22 years
Kl. 12.55 – 13.15	Cross country:	Broadcasted semifinals junior 19-20 years
Kl. 13.30 – 14.04	Biathlon:	Broadcasted finals junior 20-22 years
Kl. 14.04 – 14.20	Cross country:	Broadcasted finals junior 19-20 years
Kl. 14.15	OBOS Kid Camp:	Price giving ceremonies youth
Kl. 14.30 – 15.15	Biathlon:	Zeroing and training
Kl. 15.30 – 15.44	Cross country:	Prologue
Kl. 16.00	OBOS Kid Camp:	Show with Superbussen and Fantorangen
Kl. 16.05 – 17.42	Biathlon:	Mass start quarterfinals elite, 7 qualified– 0 wildcard
Kl. 17.44 – 18.50	Cross country:	Quarterfinals elite
Kl. 18.54 – 19.20	Cross country:	Semi finals elite
Kl. 19.22 – 20.08	Biathlon:	Mass start semifinals, 7 qualified– 0 wildcards
Kl. 20.10 – 20.23	Cross country:	Finals
Kl. 20.25 – 21.05	Biathlon:	Mass start finals
Kl. 21.20	Price giving ceremony	
Kl. 21.45	Free concert with Postgirobygget	