

# Information related to registration for BLINK Classics on August 1st, 2024:

BLINK Classics is a roller ski race in classic style with both the start and finish area located in the center of Ålgård. The course is the same for all participants, with timing provided for all competitors.

**Course Route:** The course runs from Ålgård center, through Figgjo and Fjermestad, passing through old Ålgård, and back to the center of Ålgård. Each lap is approximately 12.5 km. Please have a look at the attached course map on the following page for details.

When registering, please ensure that the age is in accordance with the Norwegian Ski Federation's age groups. As of now, post-May 1st in the 2024/2025 season, a skier born in 2010 is 15 years old for this race.

**Senior Elite Men and Women:** Participants considered Senior Elite are those competing in the Norwegian Cup/International races/Ski Classics. They use IDT roller skis provided by the organizer with "3' wheels in the front and "4' wheels in the back for men. Women use roller skis with "3' wheels both in the front and back.

**Men and Women aged 19-20:** Participants in this age group use IDT roller skis provided by the organizer with "3' wheels. Those representing a long-distance ski team may register in the senior class.

**Men and Women aged 15-18:** The minimum allowed age is 15 years old (born in 2010). Participants in the age groups 15-16 years old (boys and girls) and women 17-18 years old are required to use their own roller skis with training wheels, equivalent to so-called "2' wheels". Additionally, 17 and 18-year-old men use their own roller skis with "3' wheels". Wheel checks will be conducted prior to the start.

**Recreational Men/Women:** This category is for recreational skiers who wish to challenge themselves on the same course as the elite participants. Recreational skiers use their own skis with "2' wheels. If overtaken by senior competitors, they will be removed from the race.

**Para classes:** There will be classes for senior para-athletes. All will participate for one lap (15.5 km).

Registration fees must be paid upon registration on Isonen.no. These fees are non-refundable. Registration is only valid upon receipt of payment. Please select the option "I will pay myself" on Isonen. For any questions, please email <a href="mailto:langlop@blinkfestivalen.no">langlop@blinkfestivalen.no</a>.

### **Registration for foreign athletes:**

The online entry-system Isonen is only for Norwegian athletes. Foreign athletes can register to BLINK Classics by sending an e-mail to: <a href="mailto:arne.idland@axelar.no">arne.idland@axelar.no</a> within the 25<sup>th</sup> of July.

This mail must contain nationality, year of birth, gender, FIS points and class one want to start in.

Age Categories, Laps, and Wheel Types:

Competing classes	Year born	Distance
Boys 15/16	Born 2010 and 2009	1 (12.5 km)
Men 17/18	Born 2008 and 2007	2 (25 km)
Men 19/20	Born 2006 and 2005	2 (25 km)
Girls 15/16	Born 2010 and 2009	1 (12.5 km)
Women 17/18	Born 2008 and 2007	1 (12.5 km)
Women 19/20	Born 2006 and 2005	2 (25 km)
Recreational Men	Born 2004 and earlier	2 (25 km)
Recreational Women	Born 2004 and earlier	2 (25 km)
Senior Elite Men	Born 2004 and earlier	4 (50 km)
Senior Elite Women	Born 2004 and earlier	4 (50 km)
Para – all classes		1 (12.5 km)

Seeding: In the senior and 19/20-year-old classes, the start list is arranged according to FIS points, list number 1 for the 2024/2025 season. In other classes, the start list is determined by a draw.

#### Start Times:

- 18:45 Men Elite
- 18:47 Women Elite
- 18:54 M/W 19/20 + M 17/18 + Recreational
- 18:57 K 17/18 + G/J 15/16

#### Start Order at 18:54:

- 1. Men 19/20
- 2. Men 17/18
- 3. Women 19/20
- 4. Recreational

#### Start Order at 18:57:

- 1. Boys 15/16
- 2. Women 17/18
- 3. Girls 15/16

#### Prices:

• Senior Elite: NOK 600

Other Classes: NOK 500

Included in the price are participant prizes for all age groups, chip rental, timing, and other costs associated with participation.

For participants without a license, a one-time license fee will be added.

#### **Equipment:**

All participants are obliged to wear acquired helmet, glasses and spikes according to current regulations.

#### **Entry**

The entry will open at 7<sup>th</sup> of May and close at 28<sup>th</sup> of July.

#### **Race Office**

Race Office will open at 4.45 pm

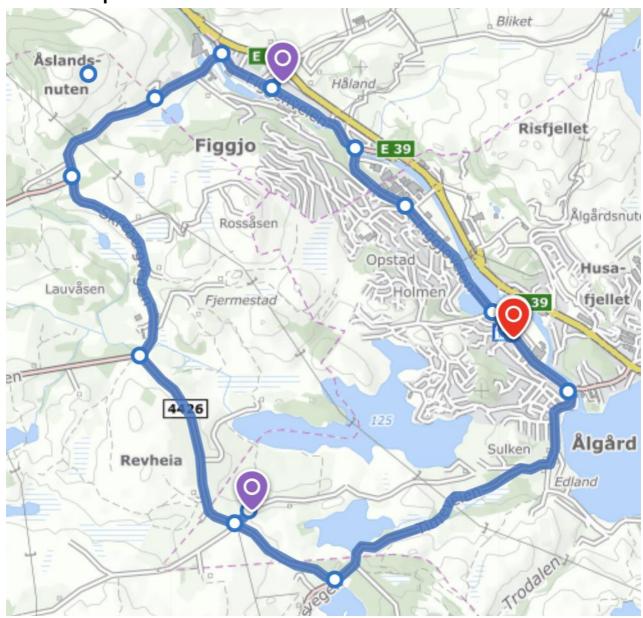
## **Team Captains meeting**

The meeting will be held in Teams on 30th of July.

## **Prize Giving Ceremony**

The ceremony will be held as soon as possible after the finish of each class.

## Course map



For more information, visit www.blinkfestivalen.no